

	item no.	pack size	case cube	ship wt.	prep method	temperature	time (min.)	dist. no./price
Thin Regular Cut Fries $\frac{3}{16}$ (Skin-on)	MY001	6/4.5 lbs.	1.18	29 lbs.	deep fry convection oven conventional oven	345 – 350°F 400°F 400°F	2¼ – 2¾ 7 – 9 15 – 18	
Thin Concertinas® Crinkle Cut Fries $\frac{3}{8}$	MY004	6/4.5 lbs.	1.28	29 lbs.	deep fry convection oven conventional oven	345 – 350°F 400°F 425°F	2½ – 3 9 – 12 18 – 22	
CrissCut Fries®	MY005	6/4.5 lbs.	1.43	29 lbs.	deep fry convection oven conventional oven	345 – 350°F 400°F 425°F	2¼ – 2¾ 9 – 12 18 – 22	
Shoestring Fries Skin On $\frac{1}{4}$ (Skin-On)	MY011	6/4.5 lbs.	1.25	29 lbs.	deep fry convection oven conventional oven	345 – 350°F 400°F 400°F	2¼ – 2¾ 7 – 9 15 – 18	
Thin Regular Cut Fries $\frac{3}{8}$ (Skin-on)	MY012	6/4.5 lbs.	1.16	29 lbs.	deep fry convection oven conventional oven	345 – 350°F 400°F 425°F	2½ – 3 9 – 12 18 – 22	



For more information on My Fries Gold products, ask your distributor, call 1-800-766-7783 or visit myfriesadvantage.com

